

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Sheridan Owen-  
Davies**

Has successfully participated & completed the

**21km Heritage Day Trail Run**

held at De Grendel Wine Estate.

**TIME 02:55:49**

**PACE 08:21/km**

**OVERALL 88 of 95**

**GENDER 40 of 46**

**50 - 59 10 of 11**

24 September 2023, Sun

Date



*BoutTime*

Signature

